Making Treatment Decisions

When you have inflammatory bowel disease (IBD), there are lots of decisions to be made. Choosing what treatment is best for you is important.

Who to involve in treatment decisions:

- You
- Your family
- Your doctor / healthcare team

How will this treatment impact my...

Weigh the risks and benefits of each treatment option and decide what is most important to you.

What to consider:

- What’s important to you?
- What worries you?
- Schooling?
- Homeschool
- School
- After-school activities?
- Helper
- Participant
- Where is treatment administered?
- Hospital
- Home
- How is treatment administered?
- IV
- Injection
- Pill
- How will we pay for this treatment?
- Health insurance: Covered by health insurance
- Out-of-pocket

When you have inflammatory bowel diseases (IBD), there are often lots of decisions to be made. Choosing what treatment is best for you is important.

How often is treatment needed?

- More often
- Less often

New research is being done all the time! Keep the conversation about treatment going to make sure your choice continues to be right for you.

No symptoms and feeling well

- Improved growth
- Not missing school or activities

Side effects

- How do the treatment benefits and side effects compare?

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